### HEALTH CARE AND ASSISTED LIVING VISIT GUIDELINES

# In-room visitation guidelines based on CMS guidance:

- Visits may occur at any time during the day/evening and will no longer be scheduled. Per our visitation policy and to respect the rights of all residents, we ask that visits occur between the hours of 9 a.m. – 9 p.m. Exceptions to this will be approved in advance by the Director of Nursing or Executive Director.
- All visitors will continue to be screened prior to entry into health care or assisted living.
- Visitors who have had a positive viral test for COVID-19 and have not been released by their county health department; are experiencing symptoms of COVID-19, including minor symptoms such as a runny nose or congestion or currently meet the criteria for quarantine should not enter the building.
- All children under the age of 16 must be **accompanied by an adult** and are expected to follow infection control guidelines of mask wearing, hand hygiene and physical distancing.
- Visits will occur in resident rooms.
- Guests will walk directly from the entry door to the resident room and directly back out.
- Guests need to remain in the resident's room during their visit. Please no visiting in communal areas.
- Eating or drinking in the resident's room may only occur if everyone in the room is vaccinated. Otherwise, food may be left for the resident to enjoy later.

### FEELING SICK WITHIN 14 DAYS AFTER YOUR VISIT?

If you display any of the symptoms listed below during the 14 days following your visit to our campus, please contact:

### **Kidron Bethel Village:**

Dee Lintner LPN, Infection Preventionist DeeL@bluestemks.org 316-836-4801

#### Schowalter Villa:

Sharon DeBliek-Anderson BSN, RN, Infection Preventionist SharonDA@bluestemks.org 620-327-3427

### If you have any of the below symptoms within **14 days after your visit,** contact us!

# Fever or chills Cough Shortness of breath or difficulty breathing Fatigue

- □ Fatigue □ Diarrh
- □ Headache

# New loss of taste or smell Sore throat

- □ Congestion or runny nose
- Nausea or vomitingDiarrhea
- Thank you!

# Welcome!



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### VISIT GUIDELINES CONTINUED

- You may choose to take the resident outside for a walk or wheelchair ride while you are together. It is important that you keep your mask in place over your mouth and nose and go directly from the resident's room to the door leading to the courtyard or outside.
- Please do not stop to visit with other residents or go into other resident's rooms. Please do not visit in public spaces (dining rooms, living rooms, etc.)
- Visits should be conducted in a manner that adheres to the core principles of COVID-19 infection prevention and does not increase the risk to other residents. *For this reason, we continue to recommend no more than two visitors in a resident's room at any one time.*

### CORE PRINCIPLES OF INFECTION PREVENTION

Regardless of how visits are conducted, certain core principles and best practices reduce the risk of COVID-19 transmission:

- All visitors will be screened prior to entry.
- Visitors who have a positive viral test for COVID-19, symptoms of COVID-19, or currently meet the criteria for quarantine, should not enter the building.
- Face covering or mask (covering mouth and nose) and physical distancing at least six feet between people, in accordance with CDC guidance

#### While on our campus, please: Wear a FACE MASK Wear a FACE MASK Wear a Wear a FACE MASK Wear a Wear a FACE MASK Wear a Wear a SOCIAL DISTANCING Wear a SOCIAL DISTANCING

## Core Principles of COVID-19 Infection Prevention continued:

• Hand hygiene (use of alcoholbased hand rub is preferred)

These core principles are consistent with the Centers for Disease Control and Prevention (CDC) guidance for nursing homes, and should be adhered to at all times. Visitors who are unable to adhere to the core principles of COVID-19 infection prevention will not be permitted to visit or will be asked to leave. By following a person-centered approach and adhering to these core principles, visitation can occur safely.

### COVID-19 VACCINE

If you have not already done so, we encourage you to receive the COVID-19 vaccine. Vaccine options available in our area include the Harvey County Health Department, 316-283-1637, or VaccineFinder.org will show you where to schedule an appointment with a provider including but not limited to:

- Axtell Clinic
- Dillon's
- Harvey Drug
- Health Ministries

THE BOOSTER SHOT

According to the FDA:

- The use of a single booster dose of the Moderna COVID-19 Vaccine that may be administered at least 6 months after completion of the primary series to individuals:
  - Fully vaccinated and over the age of 18.
- The use of a single booster dose of the Janssen (Johnson and Johnson) COVID-19 Vaccine may be administered at least 2 months after completion of the single-dose primary regimen to individuals 18 years of age and older.
- The use of each of the available COVID-19 vaccines as a heterologous (or "mix and match") booster dose in eligible individuals is approved following completion of primary vaccination with a different available COVID-19 vaccine.
- A single booster dose of the Pfizer-BioNTech COVID-19 Vaccine may be administered at least 6 months after completion of the primary series to individuals 18 years of age or older.

- Hesston Pharmacy
- Hillsboro Hometown Pharmacy
- Walgreens
- Walmart